

## Solidarity Brigade to Cuba

### *Find out about the real Cuba*

### 2– 16 August 2026

**This Solidarity Brigade** provides a unique opportunity find out about the real Cuba away from the usual tourist trails. You can learn first hand about the achievements of the Cuban Revolution and gain an insight to the difficulties caused by the illegal US economic blockade. It is a practical way of showing solidarity with the Cuban people as well as building meaningful exchanges.



***"It was a life-changing experience, a really wonderful, rich time in every sense. Humbling in the face of the blockade and its consequences – I will definitely go again, and encourage others to do so!"***  
—previous Brigadista

A small part of this Brigade involves undertaking voluntary work in an agricultural project. Previous skills and experience are not required for the work and each person is expected to do only what they feel capable of. Your time in Cuba will contain a wide range of other activities.

The Brigade is arranged in conjunction with the Cuban international friendship organisation (ICAP) and consists of groups from European countries. Members of the Brigade (Brigadistas) stay at a purpose-built centre in the countryside, about 25 miles south west of Havana. The centre provides basic dormitory accommodation, meals, a bar and shop, basic sports facilities and lecture spaces.

Since February 2026 the UK government has advised against all but essential travel to Cuba, on the basis of fuel shortages on power outages across the island. See <https://www.gov.uk/foreign-travel-advice/cuba> However Cuba still needs international solidarity more than ever.

Past Brigade programmes have included:

- Visits to community projects, projects for people with disabilities, health and education facilities
- Meetings with representatives from the Federation of Cuban Women and Trade Unions
- Visits to historical and cultural museums and sites and meeting veterans of the revolutionary war
- Workshops and presentations on Cuban politics, health, education, internationalism, economics and more
- Film showings, dance classes and meeting artists and culture workers
- A 3 night hotel stay (2\*) in another part of the island, visits to beaches.
- **This brigade will visit Santa Clara and Cienfuegos and includes 4 days of activities in Havana for the centenary of the birth of Fidel Castro.**

**The full cost of this Solidarity Brigade not including flights is £800.00 per person.**



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**Who can apply:** You will need to be 18 by the date of departure from the UK. You do not need to speak Spanish but it helps. You need to agree with the aims of CSC. You will need to have reasonable health and fitness to participate in the programme. The camp is not fully accessible or adapted for all disabilities. Contact us to discuss your needs.

**Join CSC:** The cost includes membership of CSC for a year, if you are not already a member. You will receive a new members' pack plus our quarterly magazine CubaSí. Membership costs £20 waged/£8 unwaged.

**What is included:**

The price includes:

- A Cuban Tourist e-visa (where possible) – lasts for up to 30 days.
- Transfer from Havana International Airport to the camp or from a pick up point in the city (where possible)
- Accommodation for the period of the brigade and 3 meals per day whilst at the camp PLUS most visits
- Preparation Pack, schedule, advice on travel arrangements
- CSC T-shirt PLUS a year's membership of CSC if you are not already a member
- Administrative costs of CSC

**What is not included:** Costs of flights, optional extra visits/travel, drinks and snacks, travel & health insurance, any other costs not listed above.

**Flights:**

We can help with your options for flights to and from Cuba - the cost is likely to be from £1200. Please contact us.

**To apply:**

- Complete and send the Application Form to Cuba Solidarity Campaign at [office@cuba-solidarity.org.uk](mailto:office@cuba-solidarity.org.uk)
- Call the office on 020 7490 5715 to pay by credit/debit card or bank transfer.
- **Full payment will be required by 1 July 2026.**

**Preparation**

Before leaving for Cuba, we help you to make contact with other members of the brigade to prepare for the trip together. Alternatively you can come and chat through your preparation at our office on an individual basis.

**Conditions on the brigade – sharing and sanitation**

Beds are basic wooden bunkbeds in single sex dormitories shared with up to 3 others. We advise you to take your own sleeping bag or liner, pillow, towels and mosquito net. Bathrooms are also shared and basic – with no hot water. Please note that the camp has suffered from water supply issues (drought, lack of materials) in recent times so we advise you to drink bottled water where possible, take antiseptic hand wash, water purification tablets, and take precautions when using shared facilities to avoid the spread of illness. There are regular power cuts.



**Insurance**

The Cuban Ministry of Tourism requires all visitors to Cuba to have a valid travel insurance policy, including comprehensive medical cover. You must check with your insurance provider that the policy is recognised and valid in Cuba. You must take an insurance cover note to Cuba to be shown to immigration authorities if requested. Current UK Government travel advice means that ordinary travel insurance is no longer valid [www.fcod.gov.uk](http://www.fcod.gov.uk). You will need special insurance. A number of companies provide such insurance, including High Risk Voyager.

To discuss the **Solidarity Brigades to Cuba**, contact us 020 7490 5715 e-mail [tours@cuba-solidarity.org.uk](mailto:tours@cuba-solidarity.org.uk) For info on previous brigades see [our website](#)